



The

SEAVIEW SCOOP

March Issue • 2018

Dear Families,

I read the following story recently in a devotional that I subscribe to and thought it good to share it with you. It made me reflect on our town and the many amazing people living here that contribute to Port Augusta being a great place.

Life is What You Make It. An excerpt from www.vision.org.au/the-word-for-today

The story's told of a wise old man. Every day he and his granddaughter would sit outside his petrol station in rocking chairs, waiting to greet tourists as they passed through their small town. One day a tall man with the appearance of a tourist started looking around like he was checking out the area for a place to live. 'So what kind of town is this anyway?' he asked. The old man replied, 'Well, what kind of town are you from?' The man replied, 'One where the people are critical of each other. It's a real negative place to live.' The old man said, 'You know, that's just how this town is too.'

Later, a family passing through also stopped for petrol. The father stepped out and asked the old man, 'Is this town a good place to live?' 'Well, what about the town you're from?' he replied. The man said, 'Where I'm from everyone's close, and always willing to lend a helping hand. I really hate to leave it.' The old man smiled and said, 'You know what, that's a lot like this town.'

After the family drove off, the old man's granddaughter looked up and asked, 'Grandpa, how come you told the first man this was a terrible place to live, and when the second family asked, you told them it was a wonderful place to live?' The old man looked into her big blue eyes and said, 'Sweetheart, no matter where you go, you take your attitude with you—and that's what makes it terrible or wonderful.' Yes, life is what you make it! Which is why the Bible says, 'For the happy heart, life is a continual feast.'

The words found in Nehemiah 8:10 comes to mind: Do not grieve, for the joy of the Lord is your strength (NIV). Let us tap into the joy of the Lord, and may the peace of God, which surpasses all understanding, guard your hearts and your minds in Christ Jesus (Philippians 4:7 ESV).

Blessings,
Jannie Basson | Principal

Contact Us:

56 Seaview Road
Port Augusta, SA 5700

PO Box 207
Port Augusta, SA 5700

📞 08 7231 5926

✉ info@seaview.sa.edu.au

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PROVERBS 15:15 (NLT)

**FOR THE
HAPPY
HEART,
LIFE IS A
CONTINUAL
FEAST.**



Oh my! Mosasaurs, T-Rexes and Stegosauruses...

Upon stepping into the R- Yr1 classroom you might think that we are seasoned dinosaur explorers... and you'd be right! Dinosaur bones and intriguing dinosaur footprints are starting to pop up all over the classroom.

This term's dinosaur theme is a great way to encourage imagination and inquisitiveness amongst the students.

There is often speculation about whether dinosaurs fit in with creation beliefs, and thanks to Creation Science it is proven that they do. Modern day dinosaurs like crocodiles and komodo dragons also prove this.

In Art, the dinosaur topic is further explored as students get to practise their fine motor skills cutting, manipulating and gluing shapes to create dinosaur artworks.

Make sure you have a look at our amazing dinosaur classroom displays!



Around the World

During Humanities and Social Science (HASS) we have been putting ourselves in the shoes of other cultures.

So far we have learned about Papua New Guinea, the Pacific Islands and Indonesia, taking a closer look at cultures, languages, food, medication, housing, climate and how all these things have changed from the past to the present.

It's interesting to learn how other countries have different cultures and ways of living to Australia, and to think that to other countries, Australian culture might seem foreign and different!

Learning about other countries and cultures help us to develop our understanding of the world, and to appreciate our way of living.



What's going on in Year 2-4?

Year 7 Aquatics Program

In Week 4, Year 7 students participated in an outdoor aquatics program as part of their secondary schooling experience and development. Students learned about correct operation of equipment, potential water related hazards and safe practices in preparation for their outdoor adventure. Activities included surf ski paddling around the foreshore mangroves and swim in the 'hidden pool' snorkelling beside the wharf and sailing across the gulf passage.

Students thoroughly enjoyed themselves and represented the college with honour. The instructors made special mention of their exemplary behaviour as they were able to achieve so much more than would normally be possible in a single day. While there were some challenges in learning to paddle, snorkel and sail, each student showed their willingness and determination to master each skill to the best of their ability.



Swimming Week

During Week 4, students from Reception to Year 6 made a splash at the Ryan Mitchell Swim Centre. Swimming Week is an important part of the curriculum, enabling students to work on their water safety

and swimming skills under the training of specialised swimming instructors. Many students showed significant improvements by the end of the week and are congratulated for their efforts.



Physical Education

All students have been practising their athletics skills in preparation of the upcoming Port Pirie athletics day. High jump, shotput and long jump skills were taught and reinforced. All students also enjoyed another bi-annual visit from the Milo Cricket area coordinators as part of

their Physical Education (PE) classes. Milo Cricket is an interactive, fun, safe and social program for primary aged children. It teaches kids of all abilities the basic skills of cricket, focusing on motor skills, teamwork and most importantly, sportsmanship.



Athletics Day • Friday 6 April, from 9.00am Mid North Christian College 43 Port Davis Road, Port Pirie

We are looking forward to joining Mid-North Christian College for their Annual Athletics Day. This is a great event and we invite all families to join us in Port Pirie for the day.

Year groups will be competing in the following events (not necessarily in this order):

Rec	30m	200m	Long Jump	Mini Hurdles	Obstacle Course		
Year 1	30m	400m	Long Jump	Mini Hurdles	Obstacle Course		
Year 2	50m	400m	Long Jump	Mini Hurdles	Obstacle Course		
Year 3	50m	400m	Long Jump	Hurdles	Shot Put	Javelin	Discuss
Year 4	100m	400m	Long Jump	Hurdles	Shot Put	Javelin	Discuss
Year 5	100m	400m	Long Jump	Hurdles	Shot Put	Javelin	Discuss
Year 6	100m	400m	Long Jump	Hurdles	Shot Put	Javelin	Discuss
Year 7	100m	400m	Long Jump	Hurdles	Shot Put	Javelin	Discuss

For more information please see the Athletics Day letter which was emailed recently and also sent home as a hardcopy.

Parent Consent Forms are due to the office by 29 March

Teaching Kids Self-Control

Below is an excerpt from Focus on the Family website: www.focusonthefamily.com/parenting/spiritual-growth-for-kids/teaching-kids-self-control

"Tommy, quit teasing the dog!"

"Susie, are you still working on your homework? What have you been doing all this time?"

"Jane, I thought I told you no more cake!"

As parents, if we had a dollar for each time we reminded our kids to stop bickering or put away their toys, we'd be vacationing in Bermuda right about now. Why does it seem like our kids are constantly grabbing, pestering, hitting, yelling, complaining or procrastinating?

They may be great kids, but they don't always have great self-control.

Why is self-control important?

To put it into everyday terms, self-control is your child's ability to stop and think before acting. This, of course, gives your child a much better chance of making a good choice in a given situation, such as deciding not to argue about a video game or hit his sister. In another sense, self-control is the ability to remain goal-directed in the face of temptation to stray off course, such as choosing to stick with homework when the temptation of social media is just a click away.

Self-control is a lifelong challenge and one that benefits from good habits that are established early. Social psychologist and university professor Walter Mischel found that kids who displayed greater amounts of self-control at even age 4 went on to earn better grades, were more popular with peers and teachers, were less likely to report problems with drug use and earned higher salaries as adults.

The verdict is in: Self-control is a good thing, and it's not just the researchers who think so.

The Bible and self-control

The book of Proverbs extols self-control by encouraging us to seek wisdom and understanding. Consider this sampling of proverbial wisdom:

"If you find honey, eat just enough — too much of it, and you will vomit." (Proverbs 25:16, NIV)

"A fool gives full vent to his anger, but a wise man keeps himself under control." (Proverbs 29:11, NIV)

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control" (Galatians 5:22-23).

Five keys to nurturing self-control

If you want your children on a self-control workout plan that would make even Mr. Olympia proud, here are five keys to building your kids' self-control that you can begin right away. You don't even need a pull-up bar or a gym membership.

Foster good habits. What do good habits have in common? First, we don't always feel like doing them. Second, if maintained, they tend to bring positive results. It is the first characteristic that helps to build self-control. Every time your kids engage in a good habit (like brushing their teeth, putting toys away or completing their homework, especially when they don't really feel like doing it), they build their self-control muscle just a little bit more.

Encourage responsibility. In an age-appropriate way, allow your kids to be responsible for their own behavior. In other words, if Susie loses a toy that you have repeatedly asked her to put away, don't rush out and buy her a new one. For younger kids, establish a morning and bedtime routine (you can post it in their bedroom and bathroom) and help them learn to complete it on their own. For older kids, assign reasonable household chores and make it their responsibility to remember to do them (although an occasional reminder is OK).

Enforce limits. Part of how kids learn self-control is to experience what happens when they do not exercise their self-control. If your child responds in a disrespectful manner toward parents or siblings, then he needs to learn the right lesson, which is that it would have been much wiser had he more carefully considered his choices before acting. A timeout or appropriate loss of privilege will help your child or teen learn that exercising self-control and making a respectful choice is always the best way to go.

Hit the pause button. Remember, self-control can be seen in the ability to stop and think before making a choice. Let's take a look at each component.

- **Stop:** This means to stop talking and pause all action for a moment. It can be helpful to give your kids something to do while stopping, so taking a deep breath is just what the doctor ordered. (Notice that you can't talk while taking a deep breath.) Stopping and taking a deep breath has never gotten a child in trouble.
- **Think:** Once your child has paused, she gives herself the chance to do something important: think. Thinking flexibly means looking at a situation from a different perspective. What follows are four questions your child can say to herself that will help her think flexibly about any situation, build self-control and increase the chances of making a good choice. Customize this list with your child, write it on a piece of paper, and memorize it together so these thoughts become automatic:

What is a good way to handle this?

What would God want me to do?

Is it really a big deal?

Should I check with a parent?

NOTICEBOARD

Student Absences

A reminder to notify the college if your child is absent **by 9.00am** with a reason for their absence. Please do this in one of the following ways:



Email: info@seaview.sa.edu.au

SMS (Message Only):

0428 038 152 (important: please include your name, student's name in this message along with reason for absence)

Office Phone:
08 7231 5926

Bucket Hats

A reminder that College bucket hats **must** be worn by all students at all times during recess, lunch and sports.

NO HAT, NO PLAY.

Bucket hats are available from the Uniform Shop for \$18.00 each.

Uniform Shop Hours

Mondays and Thursdays

8.30-9.30am • 3.00-3.30pm

Current prices and requirements are on our website or available from the front desk.

Deodorant Reminder

Some members of the school community suffer allergies to aerosol sprays or perfumes that can act as a trigger to severe headaches. We ask that students don't bring aerosols to school due to the way that aerosols disperse into the air. Roll-on, stick and pump action deodorants are permitted at school, but we request that discretion will be applied to select low odour deodorants as far as possible.

Students are encouraged to follow correct hygiene procedures by applying deodorant at home in the morning as a good deodorant will last all day if applied to clean skin before dressing. This practice will reduce the need to apply these products at school. Any personal hygiene products are to be kept in lockers or student bags and applied sparingly outside the classroom if needed. Thank you for considering the health and wellbeing of others.

Homework Policy

Homework provides students with opportunities to consolidate their classroom learning, pattern behaviour for lifelong learning beyond the classroom and involve family members in their learning. Parent involvement in homework is beneficial to children and positive parental involvement in homework is associated with higher levels of student achievement. Parents are encouraged to communicate with teachers if there are any issues regarding set homework, eg. level or volume of homework.

A Homework Policy has been published on the school website and is available by following the following link <https://www.seaview.sa.edu.au/> and selecting the Information and Policies tabs.



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2018

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OUR SCHOOL
AND GET COLLECTING

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CLASS CERTIFICATES

Term 1 - WEEK 5

R - Year 1 Student of the Week:

James Davies for trying his best in his work and for following instructions.

R - Year 1 Merit Certificate:

Rosie Folber for her caring attitude and dedicated effort in her school work.

Year 2 - 4 Student of the Week:

Scarlett Chesson for her compassion for others and diligence in all areas of study.

Year 2 - 4 Merit Certificate:

Maddison Coombe for consistent efforts in English and showing improvement in her handwriting.

Year 5 - 7 Student of the Week:

Ronan Coombe for consistent application to his work.

Year 5 - 7 Merit Certificate:

Jorja Rossiter for content and neat work presentation.

Term 1 - WEEK 6

R - Year 1 Student of the Week:

Mignon Minnaar-Nel for caring for others and good listening.

R - Year 1 Merit Certificate:

Sienna Michael for working independently and always trying her best.

Year 2 - 4 Student of the Week:

Izaak Loose for always giving 100% in his school work and being a great role model to others.

Year 2 - 4 Merit Certificate:

Mikayla Elliot for beautiful book work presentation.

Year 5 - 7 Student of the Week:

Richard Lyman for consistent effort to all areas of study.

Year 5 - 7 Merit Certificate:

Kiera John for beautiful work presentation.

Term 1 - WEEK 7 (Adelaide Cup Holiday)

Term 1 - WEEK 8

R - Year 1 Student of the Week:

Jack Edson for very good work during Mathematics and Reading.

R - Year 1 Merit Certificate:

Lachlan Cugley for his improvement of his work presentation and very good listening.

Year 2 - 4 Student of the Week:

Ella Bailey for setting a good example for others by demonstrating excellent work habits.

Year 2 - 4 Merit Certificate:

Corbin Manko for his courage and resilience resulting in excellent work habits.

Year 5 - 7 Merit Certificate:

Thomas Chesson for developing good research skills.



Term 1 2018 Calendar:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	29 Jan	30 Jan	31 Jan	1 Feb	2 Feb
	Teacher Only Day	First school day of 2018			
WEEK 2	5 Feb	6 Feb	7 Feb	8 Feb	9 Feb
		Family BBQ and Orientation Evening 5.30-7.00pm			Year 2-4 Library Visit 9.30am
WEEK 3	12 Feb	13 Feb	14 Feb	15 Feb	16 Feb
					R - Year 1 Library Visit 9.30am
WEEK 4	19 Feb	20 Feb	21 Feb	22 Feb	23 Feb
	← Reception - Year 6 Swimming Week →				
		Year 7 Aquatics Program 9.00am-2.30pm			Year 5-6 Library Visit Year 7 Subject Investigations 9.30am
WEEK 5	26 Feb	27 Feb	28 Feb	1 March	2 March
					Year 2-4 Library Visit 9.30am
WEEK 6	5 March	6 March	7 March	8 March	9 March
					R - Year 1 Library Visit 9.30am
WEEK 7	12 March	13 March	14 March	15 March	16 March
	Adelaide Cup Day Public Holiday				Year 5-6 Library Visit Year 7 Subject Investigations 9.30am
WEEK 8	19 March	20 March	21 March	22 March	23 March
					Year 2-4 Library Visit 9.30am
WEEK 9	26 March	27 March	28 March	29 March	30 March
					Good Friday Public Holiday
WEEK 10	2 April	3 April	4 April	5 April	6 April
	Easter Monday Public Holiday	← Years 2 - 7 Test Days →			Athletics Day Mid North Christian College Port Pirie
WEEK 11	9 April	10 April	11 April	12 April	13 April
		Parent-Teacher Interviews 3.10pm - 5.30pm	Parent-Teacher Interviews 3.10pm - 5.30pm		R - Year 1 Library Visit 9.30am Last school day of Term 1